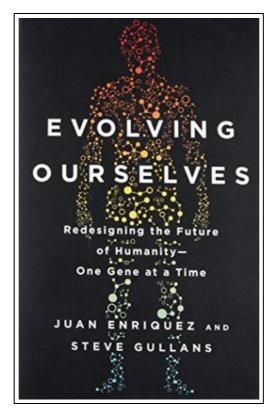
# Evolving Ourselves: Redesigning the Future of Humanity--One Gene at a Time



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# Reviews

Here is the best publication i have got go through until now. It is actually writter in simple phrases and never hard to understand. I realized this publication from my dad and i suggested this ebook to find out.

(Lorena White)

#### EVOLVING OURSELVES: REDESIGNING THE FUTURE OF HUMANITY--ONE GENE AT A TIME



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Current. Paperback. Condition: New. 384 pages. Dimensions: 8.4in. x 5.5in. x 0.9in.We are the primary drivers of change. We will directly and indirectly determine what lives, what dies, where, and when. We are in a different phase of evolution; the future of life is now in our hands. Why are rates of conditions like autism, asthma, obesity, and allergies exploding at an unprecedented pace Why are humans living longer, getting smarter, and having far fewer kids How might your lifestyle affect your unborn children and grandchildren How will gene-editing technologies like CRISPR steer the course of human evolutionIf Darwin were alive today, how would he explain this new world Could our progeny eventually become a different speciesor severalln Evolving Ourselves, futurist Juan Enriquez and scientist Steve Gullans conduct a sweeping tour of how humans are changing the course of evolutionsometimes intentionally, sometimes not. For example: Globally, rates of obesity in humans nearly doubled between 1980 and 2014. Whats more, theres evidence that other species, from pasture-fed horses to lab animals to house cats, are also getting fatter. As reported by U. S. government agencies, the rate of autism rose by 131 percent from 2001 to 2010, an increase that cannot be attributed simply to increases in diagnosis rates. Three hundred years ago, almost no one with a serious nut allergy lived long enough to reproduce. Today, despite an environment in which food allergies have increased by 50 percent in just over a decade, 17 million Americans who suffer from food allergies survive, thrive, and pass their genes and behaviors on to the next generation. In the pre-Twinkie era, early humans had quite healthy mouths. As we began cooking, bathing, and using antibiotics, the bacteria in our bodies changed dramatically and became far less diverse. Today the consequences are evident not...



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