



Frightened, Disturbed, Dangerous?: Why working with patients in psychiatric care can be really difficult, and what to do about it

By Bo Hejlskov Elven

Jessica Kingsley Publishers. Paperback. Condition: New. 112 pages. Dimensions: 8.3in. x 5.9in. x 0.9in. When inpatients in psychiatric wards feel powerless in the system, or punished by staff, negative behaviour and conflict can be the result, making effective psychiatric treatment difficult or impossible. To get patients better, a safe and positive environment needs to be established. The author is a trained psychologist whose daughter, co-author of this book, spent over ten years in psychiatric care. They combine their observations and research to describe a systematic low-arousal set of strategies that can be used by staff at all levels, and in all situations. The approach reduces conflict and distress, de-escalates difficult situations, and creates a calmer environment in which psychiatry can fulfil its task of treatment. It also focuses on creating a rewarding work experience for staff, in which they can support patients towards developing a functioning life, with self-determination and the ability to take responsibility for their actions. Through the inclusion of numerous helpful case studies, the authors offer insight and advice for individuals working at every level of psychiatric care, as well as discussion points for staff groups. This item ships from multiple locations. Your book may arrive from Roseburg,OR,...



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