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The Path: What Chinese Philosophers Can Teach Us about the Good Life (Hardback)

By Michael Puett, Christine Gross-Loh

SIMON SCHUSTER, United States, 2016. Hardback. Book Condition: New. 211 x 132 mm. Language: English . Brand New Book. For the first time an award-winning Harvard professor shares his wildly popular course on classical Chinese philosophy, showing you how these ancient ideas can guide you on the path to a good life today. Why is a course on ancient Chinese philosophers one of the most popular at Harvard? It s because the course challenges all our modern assumptions about what it takes to flourish. This is why Professor Michael Puett says to his students, The encounter with these ideas will change your life. As one of them told his collaborator, author Christine Gross-Loh, You can open yourself up to possibilities you never imagined were even possible. These astonishing teachings emerged two thousand years ago through the work of a succession of Chinese scholars exploring how humans can improve themselves and their society. And what are these counterintuitive ideas? Good relationships come not from being sincere and authentic, but from the rituals we perform within them. Influence comes not from wielding power but from holding back. Excellence comes from what we choose to do, not our natural abilities. A good life...

Reviews

Complete guideline! Its this type of great read through. it absolutely was writtern quite perfectly and helpful. I am very happy to explain how this is basically the best book i actually have read through during my personal life and can be he very best book for at any time.

-- **Joshua Gerhold PhD**

A very awesome book with perfect and lucid reasons. It really is basic but shocks within the 50 percent of the book. Its been designed in an exceptionally easy way and is particularly merely right after i finished reading this ebook where in fact changed me, change the way i think.

-- **Meagan Roob**