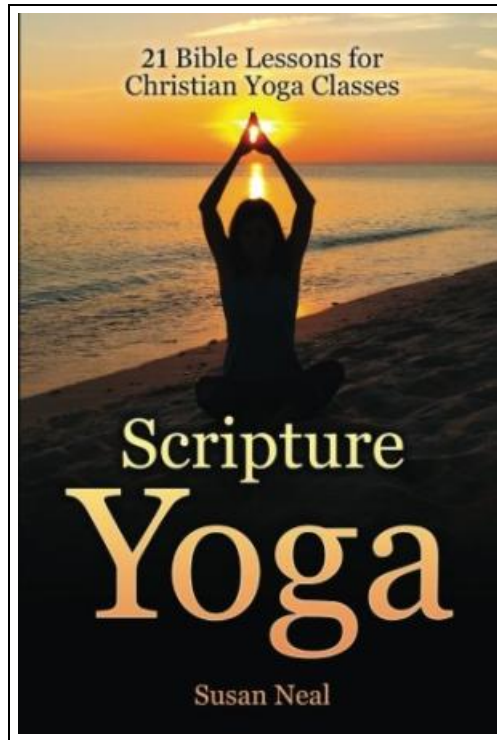


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SCRIPTURE YOGA: 21 BIBLE LESSONS FOR CHRISTIAN YOGA CLASSES (PAPERBACK)



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Christian Yoga, LLC, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. This book assists Christian yoga instructors and students in creating a Christian atmosphere for their classes. Choose from twenty-one lessons, each is a mini Bible study that will deepen the participants walk with God. Each lesson contains a Scripture theme designed to facilitate meditation on God s Word. The Scripture verses are arranged progressively to facilitate an understanding of each Bible study topic. The Bible lessons will enhance the spiritual depth of your yoga class, and make it appropriate and desirable for Christian participants. Check your poses with photographs of over 60 yoga postures taken on the sugar white sands of the Emerald Coast of Florida. A detailed description of each pose is provided with full page photographs so postures are easily seen and replicated. Scripture Yoga is a useful tool for teachers and students of Christian Yoga, written by an experienced instructor. Specific Bible verses are suggested, along with clear instructions, and beautiful photographs illustrating each pose. It is quite clear that users will discover their bodies as temples of the Holy Spirit (1 Corinthians 6:15) under Susan Neal s wise tutelage. -THE REVERAND NANCY ROTH, author of Invitation to Christian Yoga.



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