


[DOWNLOAD](#)


How to be a Girl (Paperback)

By Anita Naik

Hachette Children s Group, United Kingdom, 2014. Paperback. Condition: New. UK ed.. Language: English . Brand New Book. Be the boss of you!How To Be A Girl is an easy-reading journey through girlhood and what it s like to be a girl growing up today. It examines important issues such as puberty, the politics of body hair, female stereotypes, intelligence, physical appearance, double standards and the vernacular used to describe girls and boys. It also looks at the objectification of women and sexualisation of girls by the media.How to Be A Girl is a modern feminist book for today s tweens and teens. It s a call for girls to stop beating themselves up by aiming for a so-called beauty ideal , to stop worrying and to start living their lives according to their own agenda. Confidence building and self esteem boosting - How To Be A Girl is not a diatribe on gender differences but a consciousness-raising, articulate and cool walk-through of what it is to be a strong and empowered young girl today.Contains sections on: body image, dieting eating disorders, media portrayal, plastic/cosmetic surgery, body hair, online porn, dating, self esteem confidence, discrimination, sexual harassment and empowerment.Be the...



[READ ONLINE](#)
[3.41 MB]

Reviews

These kinds of publication is the ideal pdf offered. It generally is not going to expense too much. I am just delighted to let you know that this is actually the very best book i have go through inside my very own life and might be he finest ebook for ever.

-- **Mabelle Schoen**

Great e book and beneficial one. It is amongst the most awesome pdf i actually have read through. You wont feel monotony at at any time of your own time (that's what catalogs are for relating to if you request me).

-- **Dorothy Daugherty**